



ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA



# Brainstorming on heart rate and beta-blockers: an international perspective

Bologna, Italy  
10-11 September 2014



## Scientific programme committee

### **Prof Roberto Ferrari (Course Director and Meeting Chair)**

Director of Cardiology, University of Ferrara, Italy.

### **Prof Claudio Rapezzi (Meeting co-Chair)**

Director of Cardiology, University of Bologna, Italy.

## Education provider

### **Siyemi Learning**

University of Manchester Innovation Centre  
Arch 28, North Campus Incubator  
Sackville Street - Manchester, M60 1QD, UK.

### **Eugene Pozniak, Managing Director**

email: [epozniak@siyemi.org](mailto:epozniak@siyemi.org)  
Tel: +44 161 306 8518

## Organising secretariat

### **I & C s.r.l.**

Via Andrea Costa, 202/6 - 40134 Bologna, Italy

### **Federica Schiassi**

email: [federica.schiassi@iec-srl.it](mailto:federica.schiassi@iec-srl.it)  
Tel: +39 051 614 4004 ext. 11

This meeting has been supported by an independent educational grant from Merck Serono, which has not had any influence in the development or presentation of any aspect of this meeting.

# Brainstorming on heart rate and beta-blockers: an international perspective

## Aims of the meeting

The meeting will be focusing on hypertension management and its co-morbidities and will address the following educational gaps:

- A lack of competence in the application of appropriate strategies in cardiovascular disease, focusing on hypertension management
- Low level of awareness regarding patient level barriers, resulting in decreased adherence to treatments
- Insufficient knowledge and application of guidelines for the management of hypertension.

## Learning objectives

Having attended the meeting learners will be able to:

- Employ techniques to improve competence in the application of appropriate strategies in cardiovascular disease, focusing on hypertension management
- Understand the commonly encountered barriers that reduce patient treatment adherence and its importance
- Discuss and employ best practices in the implementation of guidelines for the management of hypertension.

## How the audience will benefit from attending this meeting

- Engage with leading experts in the field
- Have access to cutting edge scientific content and research
- Participate in an interactive learning format which encourages debate and discussion
- Gain access to online support materials to further learning.

## Target audience

Consultant cardiologists.

## CME accreditation

An application for CME accreditation will be made to the European Board for Accreditation in Cardiology (EBAC).

Siyemi Learning works in compliance with the principles of the Good CME Practice Group (gCMEp).





# FINAL PROGRAMME

## DAY 1 • Wednesday 10<sup>th</sup> September

**12:00** Lunch in the Hotel Carlton  
(followed by walk to Palazzo Gnudi)

**13:30** Meeting start  
*R. Ferrari, Welcome and introduction*

---

**13:45-15:00** **Hot messages From Barcelona 2014**

---

*Chair: C. Rapezzi (Bologna, Italy)*

**Hypertension, diabetes and prevention**

*G. Mancina (Milan, Italy)*

**Electrophysiology and pacing**

*P. Vardas (Crete, Greece)*

**Heart failure**

*F. Pinto (Lisbon, Portugal)*

**CAD, ACS, intervention**

*R. Ferrari (Ferrara, Italy)*

**15:15** Coffee break

---

**15:30-17:00** **Practical concepts: hypertension**

---

*Chair: G. Mancina (Milan, Italy)*

**How to navigate between so many guidelines**

*G. Mancina (Milan, Italy)*

**Renal ablation or adequate beta-blockade?**

*F. Pinto (Lisbon, Portugal)*

**The effect of heart rate on the vessels**

*R. Ferrari (Ferrara, Italy)*

**Panel discussion with invited discussants**

---

**17:00** **The University of Bologna and its role  
in furthering medical knowledge and  
cardiology treatment**

*C. Rapezzi (Bologna, Italy)*

---

---

**17:30** Day 1 programme end

---

---

**20:00** Conference dinner (Palazzo Isolani)

---

## DAY 2 • Thursday 11<sup>th</sup> September

09:00-10:30

### Practical matters: atrial fibrillation

*Chair: R. Ferrari (Ferrara, Italy)*

#### AF: An electrical disease or an atrial myopathy?

*P. Vardas (Crete, Greece)*

#### HR control vs ablation

*G. Boriani (Bologna, Italy)*

#### How to survive and to make the right choice between the new anticoagulants?

*G. Boriani (Bologna, Italy)*

Panel discussion with invited discussants

10:30

Coffee Break

10:45-12:15

### Practical matters: coronary artery disease

*Chair: F. Crea (Rome, Italy)*

#### Angina: Just a myocardial oxygen imbalance or a disease of the endothelium or both?

*F. Crea (Rome, Italy)*

#### The role of heart rate reduction in CAD

*R. Ferrari (Ferrara, Italy)*

#### Light and shade of beta-blockers in CAD

*C. Rapezzi (Bologna, Italy)*

12:15

Panel discussion with invited discussants

Lunch

13:30-14:45

### Practical matters: heart failure

*Chair: R. Ferrari (Ferrara, Italy)*

#### HR with reduced EF vs HF with normal EF

*L. Tavazzi (Cotignola, Italy)*

#### The role of reducing HR in HF

*A. Fucili (Ferrara, Italy)*

#### Which beta-blocker for HF?

*R. Grigioni (Bologna, Italy)*

Panel discussion with invited discussants

Final Q&A and conclusions

15:00

Meeting close



# siyemi

## **Siyemi Learning**

University of Manchester Innovation Centre  
Arch 28, North Campus Incubator  
Sackville Street, M60 1QD, Manchester, UK,  
[www.siyemi.org](http://www.siyemi.org)

[cme@siyemi.org](mailto:cme@siyemi.org)  
Tel: +44 161 306 8518